



WorkStyle Packages for Organisations

merrymentality coaches work with you to discover and design your own **WorkStyle**, where work+lifestyle = WorkStyle®. We believe that when you have more energy, you have more choice. And when you have more choice, anything is possible. We coach leaders and emerging leaders to have more sustainable energy

We are here to provide you with the most supportive and productive coaching relationship possible and we are flexible in the structure that your coaching can take - it is up to you. In order to give you something to work from, listed below are our most popular coaching packages, including the features and investment for each program:

energise

- ❖ 240 minutes of telephone coaching sessions per month
- ❖ unlimited between session telephone calls
- ❖ unlimited between session emails
- ❖ access to broad range of personal and professional development programs**
- ❖ 1 hour strategy and review session (every 3 months)
- ❖ bi-monthly newsletter
- ❖ 1 hour initial meeting with client and their sponsor
- ❖ 1 hour review meeting with client and their sponsor (every 3 months)
- ❖ investment per month: \$3,000 + \$300 GST = \$3,300

discover

- ❖ 180 minutes of telephone coaching sessions per month
- ❖ unlimited between session telephone calls
- ❖ unlimited between session emails
- ❖ access to broad range of personal and professional development programs**
- ❖ 1 hour strategy and review session (every 3 months)
- ❖ bi-monthly newsletter
- ❖ 1 hour initial meeting with client and their sponsor
- ❖ 1 hour review meeting with client and their sponsor (every 3 months)
- ❖ investment per month: \$2,500 + \$250 GST = \$2,750

inspire

- ❖ 120 minutes of telephone coaching sessions per month
- ❖ unlimited between session emails
- ❖ access to broad range of personal and professional development programs**
- ❖ 1 hour strategy and review session (every 3 months)
- ❖ bi-monthly newsletter
- ❖ 1 hour initial meeting with client and their sponsor
- ❖ 1 hour review meeting with client and their sponsor (every 3 months)
- ❖ investment per month: \$2,100 + \$210 GST = \$2,310

continued overleaf...



just in time coaching:

- ❖ investment per month: \$450 + \$45 = \$495 per 60 minute telephone session

** DISC and PIAV profiles are available at an additional fee
PCSI (Personal Coaching Styles Inventory) profiles are included in investment
Coaching Clinic 2 day 'Leader as Coach' program available at an additional fee

terms and conditions

- ❖ please note that all programs have a minimum commitment of 3 months
- ❖ for fast results and to build momentum, we strongly recommend that you undertake either the 'energise' or the 'discover' program for the first 3 months
- ❖ initial and review meeting with client and their sponsor are assumed to occur at the coach's office or in the Melbourne CBD - any coach travel and travelling time will be additional
- ❖ telephone call expense is at the client's cost
- ❖ payment can be made by credit card or direct credit/EFT and must be received prior to the 7th of each month
- ❖ if the coaching is commenced after the 7th of the month, then payment for the first month is due prior to the first session
- ❖ cancellation and rescheduling of coaching sessions must be made 48 hours in advance
- ❖ all prices are in Australian Dollars \$AUD
- ❖ prices effective 1 January 2008