



WorkStyle Packages for Individuals

merrymentality coaches work with you to discover and design your own **WorkStyle**, where work+lifestyle = WorkStyle®. We believe that when you have more energy, you have more choice. And when you have more choice, anything is possible. We coach leaders and emerging leaders to have more sustainable energy.

energise

- 4 x 40 minute telephone coaching sessions per month
- unlimited emails between sessions
- unlimited telephone calls between sessions
- 40 minute strategy and review session (every 3 months)
- bi monthly newsletter, **WorkStyle** by design
- access to our extensive resource library
- investment per month: \$760 + \$76 GST = \$836*

discover

- 3 x 40 minute telephone coaching sessions per month
- unlimited emails between sessions
- unlimited telephone calls between sessions
- 40 minute strategy and review session (every 3 months)
- bi monthly newsletter, **WorkStyle** by design
- access to our extensive resource library
- investment per month: \$600 + \$60 GST = \$660*

inspire

- 2 x 40 minute telephone coaching sessions per month
- unlimited emails between sessions
- 40 minute strategy and review session (every 3 months)
- bi monthly newsletter, **WorkStyle** by design
- access to our extensive resource library
- investment per month: \$430 + \$43 GST = \$473

just in time coaching: \$220 + \$22 = \$242 per 40 minute session

*20 page Birkman Coaching Report can be purchased for an additional \$100 +\$10 GST

- please note that all programs (except JIT) have a minimum commitment of 3 months
- for fast results and to build momentum, we strongly recommend that you undertake either the energise or the discover program for the first 3 months
- face to face coaching sessions incur at 10% loading
- coaching fees are often tax deductible
- prices effective 1 January 2008